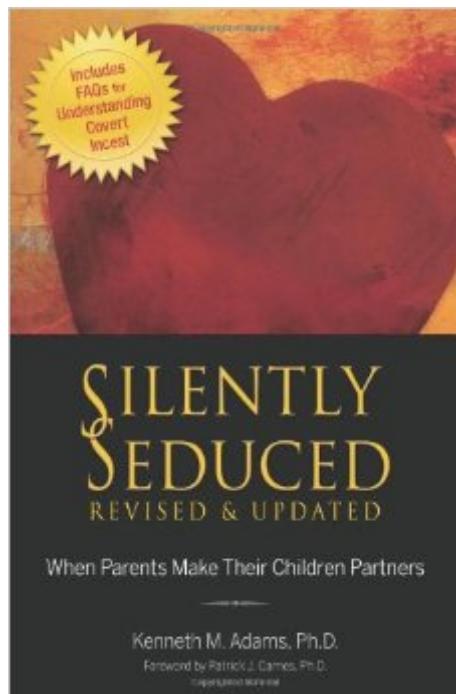


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# Silently Seduced: When Parents Make Their Children Partners



## **Synopsis**

In this revised and updated 20th anniversary edition of his groundbreaking book, Dr. Kenneth Adams, a leading expert on covert incest, sex addiction, and childhood trauma, offers tools for identifying and healing from covert incestuous relationships that affect adult relationships and lives. He explains how 'feeling close' with a parent is not always the source of comfort the phrase suggests, especially when that child is cheated out of a childhood by being a parent's surrogate partner. Dr. Adams includes a new Q&A section that directly addresses issues including:â ª How can this be incestuous when there is no physical sexual contact?â ª Why is sexual addiction so common with covert incest survivors?â ª Why is it so hard for covert incest survivors to commit to romantic relationships?â ª If my partner is a covert incest survivor, how can I help?â ª Can I pass covert incest on to my children? Through new findings and expanded discussions on 'engulfment,' 'excessive guilt,' 'loyalty,' and 'narcissism,' and others, *Silently Seduced* offers a framework to understand covert incest and its effect on sexuality, intimacy, and relationships to facilitate the process of recovery.

## **Book Information**

Paperback: 192 pages

Publisher: HCI; Revised, Updated ed. edition (September 1, 2011)

Language: English

ISBN-10: 0757315879

ISBN-13: 978-0757315879

Product Dimensions: 5.5 x 0.5 x 8.4 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 starsâ ª See all reviewsâ ª (56 customer reviews)

Best Sellers Rank: #23,366 in Books (See Top 100 in Books) #36 inâ ª Books > Health, Fitness & Dieting > Mental Health > Codependency #45 inâ ª Books > Parenting & Relationships > Family Relationships > Abuse > Child Abuse #55 inâ ª Books > Parenting & Relationships > Family Relationships > Conflict Resolution

## **Customer Reviews**

"Silently Seduced" is revealing detailed information on the dynamics of abnormal relationships. Covertly incestuous and enmeshed relationships are extremely damaging to everyone involved. A whole family is often affected by just one persons insecurity and inability to come to grips with their abnormal behaviors and patterns of living. *Silently Seduced* addresses all the ins and outs of certain

characteristics and the motivations that cause enmeshed relationships to develop. It is a shame that this type of dysfunction exists and those who participate in it are so very convincing and manage to control everyone around them in order to be in charge. Making a child their partner creates a whole atmosphere of chaotic behaviors that are not normal. When a child feels they have to be the intervening influence between two adults and try to fix everything it puts them in an unjust and unreal position, one that is impossible. When an adult emotionally and or physically disconnects from their spouse because there is no love or chemistry and becomes solely involved with a child for some sad sense of self fulfillment it creates a totally out of control family atmosphere, the chosen child becomes the target. Silently Seduced is a must read for anyone who knows of these particular family dynamics and wants to understand what causes this type of dysfunction. The following are quotes from the book, things that stood out to me while I was reading it. Reading the whole book really is an enlightening adventure.

Page 15 "Covert incest occurs when a child becomes the object of a parent's affection, love, passion and preoccupation. The parent, motivated by loneliness and emptiness created by a chronically troubled marriage or relationship, makes the child a surrogate partner.

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